



# County of San Diego

JEAN M. SHEPARD  
DIRECTOR

## HEALTH AND HUMAN SERVICES AGENCY

### PUBLIC HEALTH SERVICES

WILMA J. WOOTEN, M.D., M.P.H. 1700 PACIFIC HIGHWAY, SAN DIEGO, CALIFORNIA 92101-2417  
PUBLIC HEALTH OFFICER (619) 531-5800 FAX (619) 515-6707

Base Station Physicians' Committee  
Judd Glasser, M.D., Chairperson  
c/o Emergency Medical Services  
6255 Mission Gorge Road  
San Diego, CA 92120  
(619) 285-6429 Fax: (619) 285-6531

Community Epidemiology  
Emergency & Disaster Medical Services  
HIV, STD and Hepatitis  
Immunization  
Maternal, Child and Family Health Services  
Public Health Laboratory  
PH Nursing/Border Health  
TB Control & Refugee Health  
Vital Records

## BASE STATION PHYSICIANS' COMMITTEE MEETING

### Minutes

Tuesday, February 19, 2008

#### Members Present

Glasser, M.D., Judd – Tri-City  
Grad, M.D., Michele – Palomar/Pomeroado  
Graydon, R.N., Cheryl – Palomar  
Kramer, M.D., Mark – Sharp Memorial  
Linnik, M.D., Bill – Sharp Grossmont  
Madati, M.D., Jamil – Children's  
Reilly, M.D., Ian – Scripps La Jolla  
Schwartz, M.D., Brad – American Medical Response  
Stonecipher, R.N., Joanne – Southwestern College  
Zahller, M.D., Steve – Scripps Mercy

#### County Staff Present

Haynes, M.D., Bruce  
Metz, R.N., Marcy  
Pate, R.N., Rebecca  
Royer, R.N., Diane  
Stepanski, Barbara  
Thomas, R.N., Pauline

#### Recorder

Rupp, Merle

#### Guests Present

Allington, R.N., Linda – Carlsbad Fire  
Anderson, R.N., Marilyn – Vista Fire  
Barnes, R.N., Melanie – S.D. Medical Serv. Enterprise  
Bourdon, R.N., Darlene – Scripps Mercy  
Broyles, R.N., Linda – AMR/RCCP  
Buono, M.D., Colleen – UCSD/Palomar College  
Cerrone, R.N., Sharon – Mercy Air  
Conover, Bill – Camp Pendleton Fire  
Dotson, R.N., Melody – UCSD  
Eldridge, R.N., Leslie – Sharp Memorial  
Foehr, Rick – EMSTA, Inc.  
Frederick, William – San Marcos Fire  
Fujie, Tyler – American Medical Response  
Henry, Chad – American Medical Response  
Kelly, R.N., Donna – UCSD ROC  
Majerczak, R.N., Karen – Tri-City  
Marugg, Jim – S.D. Co. Paramedics' Association  
Meadows-Pitt, R.N., Mary – Sharp Grossmont  
Preciado, R.N., Leigh – Scripps La Jolla  
Quinn, R.N., Michele – Children's  
Rosenberg, R.N., Linda – Sharp Memorial  
Ross, Alyssa – City of San Diego  
Sallee, M.D., Don – Naval Medical Center San Diego  
Scott, Chris – North County Fire  
Seabloom, R.N., Lynne – Oceanside Fire  
Steen, R.N., Pam – Mercy Air  
Workman, R.N., Debi – Palomar College

## I. INTRODUCTIONS/ANNOUNCEMENTS

Judd Glasser, M.D., Chair, brought the meeting to order at 11:00 a.m. Attendees introduced themselves.

## II. APPROVAL OF MINUTES

**MOTION made by Jamil Madati, M.D., Seconded by Ian Reilly, M.D., to approve the Minutes of January 15, 2008 as submitted. MOTION carried.**

**III. MEDICAL DIRECTOR'S REPORT (Bruce Haynes, M.D.)**

New County EMS Employee: Dr. Haynes introduced Pauline Thomas, R.N., as a new Quality Assurance Specialist with County EMS. Ms. Thomas brings with her to this position a wealth of experience working at hospitals around the country and also worked at Paradise Valley Hospital for a number of years. Ms. Thomas will be working primarily on the disaster preparedness side of EMS.

Robert Hartson: Robert Hartson, who founded and operated Hartson's Ambulance Service, a provider of ambulance services starting in the 1940's in San Diego County, died on January 7, 2008. His concern for patients and for his employees, was reflected in the many former employees who attended his memorial service.

ROC Update: The City of San Diego has agreed to enter the ROC Hypertonic Study. Training will be provided and the City will join the Study in the near future.

STEMI: The STEMI Program continues to do well.

Safe Surrender Sites: Some fire stations will soon be designating their stations as Safe Surrender Sites for unwanted infants that could be dropped off there. The program is expected to be implemented in April, 2008 and will occur at any manned fire station.

Bypass Update: Bypass time and some off-load delays have occurred, despite a mild influenza year. EMS continues to monitor the system. There appears to be a slight increase in influenza cases over the last ten days. ALS transports in January, 2008 was about 11% higher than the two previous January's of 2006 and 2007.

Dr. Haynes met with the Base Hospital Nurse Coordinators regarding bypass and discussed congestive heart failure and respiratory distress in the field. He stated that often he has heard of patients who are likely to have congestive heart failure, according to their histories and meds, and are treated with albuterol and Atrovent, yet nitrates are sometimes not used at all.

Two Protocol Changes: There will be an optional skill of CPAP (Continuous Positive Airway Pressure) added, as well as an addition to make it easier to treat patients experiencing Agitated Delirium with sedation. The changes will be presented at the next BSPPC meeting.

Exposures in the Field: Two different spread sheets of contact information have been developed and will be finalized soon. One sheet for hospital personnel, lists contact agency personnel in the event they need follow-up information on an exposure. The second one is for the agencies containing the hospital information for whom the paramedic/EMT should contact in the event they are exposed in the field for follow-up information.

Rapid HIV Testing: Lynne Seabloom, R.N., Oceanside Fire, is involved with the

Infection Control Committee of CPAC who is working on a survey to ascertain which hospitals in San Diego County have rapid HIV testing capability. The group also wants to be able to provide training for all the emergency rooms and prehospital agencies in the County. Currently there is a machine available that provides HIV results in 15 minutes. The kits are only approximately \$15 to \$20 a piece and almost anyone can operate one.

**IV. BASE HOSPITAL NURSE COORDINATOR'S REPORT (Cheryl Graydon, R.N.)**

The Base Hospital Nurse Coordinators (BHNC's) met with Dr. Haynes last month regarding emergency department statistics.

The BHNC's are monitoring the tracking board on emergency department saturation and working on audits that will be presented at a future PAC meeting.

Also working on getting responses back regarding what emergency equipment exists in hospitals.

**V. ROC (Resuscitation Outcomes Consortium) UPDATE (Donna Kelly, R.N.)**

The City of San Diego has decided to participate in the ROC San Diego program. ROC staff are meeting with their IRB (Institutional Review Board) to determine what community consultations need to be done. Patient enrollment will need to increase.

All the documents have been submitted to the FDA for the primed trial, reviewing the first six primed sites. The trial will begin with three in the North County and three in the South/Central part of San Diego County and ROC will work with related agencies to get that started.

**VI. HYPOTHERMIA AND THE PREHOSPITAL SYSTEM (Judd Glasser, M.D.)**

Dan Davis, M.D. had expressed an interest in hypothermia therapy regarding the applications in the prehospital and hospital setting. There is thought that there might be a connection with the STEMI hospitals. A lot of education should be forthcoming within the next year among hospitals in terms of therapy. The American Heart Association recommends this therapy. Some discussion followed. Dr. Glasser added that it is an extra piece of post-resuscitative care and is not simple, takes time and requires a certain level of worker power to maintain a patient's temperature at a certain level. Another physician added that it is a small number of patients coupled with a lot of training. A preliminary study is currently going on in Pittsburgh.

**VII. HEALTH ADVISORY COMMITTEE ON THREATS (HACOT)  
(Linda Rosenberg, R.N.)**

HACOT will meet in March, 2008.

**VIII. SAN DIEGO HEALTHCARE DISASTER COUNCIL  
(Linda Rosenberg, R.N.)**

The Council is working on HPP (Healthcare Preparedness Program) Year Six funding. The application from San Diego County was submitted to the State, then returned with more questions to be answered. That response has since been sent back to the State.

Scripps La Jolla and UCSD will be participating in a Golden Phoenix disaster drill in July, 2008. The Golden Phoenix drill is a security lock down drill of hospitals conducted by law enforcement.

The Council is continuing to prepare for a Golden Guardian State earthquake drill in November, 2008.

**IX. ITEMS FOR FUTURE DISCUSSION**

Some new protocol changes will be forthcoming at the next BSPC meeting of March 18, 2008.

**X. SET NEXT MEETING/ADJOURNMENT**

The next meeting was scheduled for Tuesday, March 18, 2008, 11:00 a.m. at Sharp Spectrum Auditorium, 8695 Spectrum Center Court, Kearny Mesa, San Diego.

The meeting adjourned at 12:00 p.m.

Respectfully submitted,

Merle Rupp, Board Secretary  
County EMS